



"My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always, though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone."

— Thomas Merton

## Worship at Lake Shore The Third Sunday of Lent

The Worship of God

March 18, 2017

**Sermon** *Kyndall Rothaus* 

The Scripture Exodus 17: 1-7

## Mental Health and Mental Illness 101



# Mental Illness and Stigma — tonight, 6:15

**Dr. Emma J. Wood** is a licensed clinical psychologist and public speaker. As generalist working with adults in her private practice, she provides a distinctly warm, engaging and individualized therapeutic

experience to assist patients in their reaching their goals. Dr. Wood's speaking includes both local and national conferences in the field of psychology and health. Dr. Wood's presentations have been described as engaging and genuine, combining relevant research and literature with storytelling and vulnerability to help people both learn and be inspired. <a href="https://www.dremmajwood.com">www.dremmajwood.com</a>.



# Addiction and the Church — March 22 Dr. Don Arterburn is the Addictive Behavior Specialist at the Baylor University Counseling Center and works with couples and addiction issues in his private practice. His PhD is in Marriage

and Family Therapy from Texas Tech, and he is a Licensed Marriage and Family Therapist and Certified Multiple Addictions Therapist. Don has been back in Waco for 9 years with his wife, LouAnna, and their 3 teenagers.

## Invocation — offered in worship on Sunday, March 12 by Claudia Beal

Lord God,

we are living in a shaken time.

Every day words and images from near and far are beamed to us about millions in danger of starvation in Sudan; the continued ravaging of Syria; and mass migrations of people fleeing oppression. Closer to home, we are divided about health care, what is means to have a secure homeland, and our responsibilities to one another as fellow citizens. Closer still are challenges in our personal lives, and in the lives of family and friends.

During the Cold War, pastor Harry Fosdick said "The highest use of a shaken time is to discover the unshakable." Grant us Lord, in these shaken times: resolute faith in the God of Israel who protected Abraham and his people; unwavering belief that God is our keeper who will not abandon us; and steadfast determination to follow Christ's example to alleviate suffering, each according to our abilities and gifts. As we enter worship together today, let us discover anew the unshakable in our lives. Amen.

# Palm Sunday Soup Supper

Sunday, April 9 — 6:30 p.m.

for hunger relief for the people threatened by famine

\$15 per bowl All money goes to Action Against Hunger



Last weekend the UN warned that the world was facing its largest humanitarian crisis since 1945, with 20 million people facing the threat of starvation and famine in Yemen, Somalia, South Sudan and northeast Nigeria. Political upheaval and ongoing conflict — combined with widespread insecurity, food shortages, and an unstable economies — have contributed to a spiraling

humanitarian emergencies in these countries. Action Against Hunger commits \$.93 of every dollar to food programs, so they may feed hungry people. We trust that our gifts will help.

Each year this ministry focuses on an area of the world where people are suffering from war, political unrest, or natural disaster, resulting in hunger and food insecurity. At the Soup



Supper we each choose a one-of-a-kind bowl to purchase and fill with soup. We encourage everyone who eats at the Soup Supper to take a bowl home church. Your gifts to eat from all of Holy Week while praying for those our money is helping. The cost of the soup is already covered through your gifts to the Lake Shore missions budget. All the money given for bowls at the Soup Supper goes directly to hunger relief.

## **Giving Bowls**

You may have soup bowls in your kitchen cabinet from other years that you would be willing to bring to the would increase the number of bowls we have for people who come to the Soup Supper. Please leave them in the big African basket in the office. Thank you.

## Children's Corner

**Faithful Friends** Faithful Friends begins this Sunday! Our kickoff pizza party for 3rd-

their mentors



will be right after church from 12:00-1:30 in the 3rd-6th Grade Sunday School classroom (Rm. 206).

#### **Lent Family Devotions**

There's still plenty of time to pick up your family's copy of the Stations of the Cross coloring sheets and corresponding devotional guide on the table outside the main office. Please let me know what creative ways your family finds to make use of these resources so I can share them with others!

#### Prayers for . . .

Curtis Streetman was released from the hospital Friday night after spending a week at Providence so that the infection at his incision site could be treated/monitored. He is healing and feeling so much better. If you would like to take a meal to Curtis and Terri Lynn, contact Sharlande.

Carla Butler, Sandy Londos's sister, was released from the hospital in Bradenton, Florida, on Tuesday. Now she is recuperating from pneumonia at home. Sandy is there with her. Please continue to pray for Carla and for her friend Lynn, who is hospitalized for multiple reasons.

Kay Bailey's niece, Madelynn, 16, of Woodway, was diagnosed with traumatic brain injury secondary to her softball injury a year ago. The lesion is not from an arterial bleed and it's not a tumor. They are treating her severe headaches with medication and sending her to a neuropsychologist for her TBI.

The Mustakims are waiting to hear back on Naz's application for citizenship in San Antonio last week. Please keep Hope and Naz in your prayers day by day as they wait these next three weeks. We wait with them.



## A Case Against Hunger

continues March 15, 19, 22, and 26

- The Caritas Covenant Group ordered cases of food; they were delivered.
- You may purchase food before and after Sunday School, after worship, and before Wednesday night supper.
- You may choose between canned meats, cereal, canned vegetables, rice, peanut butter, and pasta. Youth and adults
- Children may purchase macaroni & cheese by the box rather than by the case.
- After March 26, Caritas will pick up the food Lake Shore members have purchased to help fill the shelves.

The Mission of Caritas is "to provide urgent support to people in need in our community through emergency assistance with food, prescription drugs, clothing, household items and utilities and through two thrift stores." Last year Caritas served 24,000 people with supplemental food assistance. —Sponsored by: Caritas Covenant Group

contact Buddy Powell at 409-392 -4672 or email.

who would like to

help sell cases of

food, please

#### "The Courage to Grieve"

Thursday, March 16 6:00 p.m.

a six-week curriculum "giving us the language to talk about our grief and the space to process our grief"

> Join us Thursday for an introduction to the material and to one another

led by Andy Stubblefield, Chaplain and Bereavement Coordinator for Interim Hospice

## Easter Hydrangeas

Every Easter, you have the opportunity to give flowers in honor or memory of someone you love. We will adorn the front of the sanctuary with hydrangeas in

celebration of the joy of the resurrection of Christ and the renewal of the earth. After worship on Easter morning, you may take the hydrangea home to plant. Please submit your order form and payment of \$15 for each hydrangea by Friday, April 7.

I wish to give a hydrangea on Easter morning:
In memory of
In honor of
Given by
I have included $\$ $\square$ by check or $\square$ by cash.

#### **Our Church Staff**

Kathy Coleman,

Director, LSBC Children's Center
Louis Garcia, Custodian
Claire Helton, Minister to Children
Zachary Helton, Minister to Youth
Gordon Lawrence, Maintenance Manager
Krysta Pittman, Office Manager
Kyndall Rothaus, Pastor
Sharlande Sledge, Associate Pastor
Curtis Streetman, Director of Music



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RETURN SERVICE REQUESTED

#### **CALENDAR**

#### Sunday, March 19

9:30—Sunday School

10:45—Worship

3:00—Newsletter Deadline

4:30—Soulfriends

Tuesday, March 21

1:30—Staff Meeting

#### Wednesday, March 22

5:15—Supper

6:00—Children's Activities

6:15—Seminar

7:00—Choir Rehearsal

## Wednesday night supper March 22

Dickey's sliced turkey and beef, potato casserole, and green beans

children, \$3.00
youth & adults, \$6.00
Write krysta@lakeshorebcwaco.org by
Sunday noon to add or cancel
reservations.

## WEEKLY YOUTH UPDATE

#### ABRIDGED

#### This Week

Wednesday // 6:15pm Youth meeting for prayer and play Sunday // 9:30am Sunday School, 10:45am Worship, 5:00pm Sexuality and Spirituality 2: Contraception

## SOUP SUPPER

Giving Bowls so they can Give Again

You may have one or two soup bowls in your kitchen cabinet from other years that you would be willing to bring to the church. Your gifts would increase the number of bowls we have for people who come to the Soup Supper. Please leave them in the big basket in the office. Thank you.

# Volunteers for Sunday, March 19

Extended Care: Joe Coker Ushers:: Susan Johnson

**Desserts Spring 2017** 

Susan Johnson Isabelle Murphy

# Wednesday Night

Let's make something sweet for each other! Click here to decide what you would like to bring and when you would like to bring it. Please consider signing up to bring a dessert item once or twice for our Wednesday Night Suppers. I hope we can join as a community to bring desserts. If you'd rather, you can email me at gidgettm@gmail.com or call/text at 254-709-9610. Thanks!

— Jenna Swanson

#### Beyond This Week

March 30 // Stephani Cooper's Birthday April 9 // 6:30pm Palm Sunday Soup Supper

For more information, see the Youth bulletin board in the hallway.

For questions, or to subscribe to the full Youth Update, email zach@lakeshorebcwaco.org.

## Lake Shore New Members Dessert Night

Friday, March 31 — 7:00 p.m. 50 Carriage Square

Hosted by the Welcoming Committee

## **Weekly Budget Report**

Your contributions help fund our mission work, church programs, human resources, and physical facilities. Weekly budget needs for our 2017 budget of \$486,000.00 are \$9,346.15. This week's budget receipts were \$8,830.91.

Year to date needs \$102, 807.69 Year to date received \$87,574.61

<u>Difference</u> (\$15,233.08)

To give online, please click here.